

**This work is based in a high level of energy training and includes:**

- Direct work with the human energy field and chakras
- Energetic basis of relating - using energy for more satisfying relating
- Understanding the energy world and its significance to the emergence of the new consciousness
- Expressing and manifesting the new consciousness in the midst of the density and chaos around you
- Understanding and teaching methods for accessing the new consciousness including meditation, energy training and inner work

#### **FAQ**

*I really only want to learn more about myself and my Indigo nature? Is the training for me?*

The basis of the training IS you - waking up to the new consciousness and energy and learning to use it. The skills you learn will serve you in all areas of your life, whether or not you choose to work with people.

#### **Dates:**

January 10 - 15, 2010  
June 26 - July 1, 2010  
January 9 - 14, 2011

#### **Cost:**

Per Module: \$1500  
For entire program (3 modules): \$3500  
Accommodations and food separate

#### **Registration:**

The program is built upon three blocks or modules. Though the program is designed to be taken in its entirety, each module stands alone and can be taken by itself. You can join at any module.

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## **The Indigo Leadership Training**

The world needs leaders. Authentic leaders. People of love and consciousness and light. People who hold vision of the new and can act potently in ways that create positivity, coming together of spirit, harmony and unity.

Sometimes these leaders operate in well defined roles such as CEO's, managers, teachers or therapists. But even more importantly, authentic leaders are leaders in life - in the daily ordinary situations as parents and spouses, friends and neighbors. They have a presence and carry a force of consciousness and love that brings clarity, harmony, upliftment and effectiveness. This is what the Indigo Leadership Training is all about.

#### **Kabir Jaffe and Ritama Davidson**

Authors of "Indigo Adults" and leaders of "Essence Training", one of the top training schools in consciousness and energy.

Kabir and Ritama are highly experienced personal guides and leadership trainers. Both have developed a profound sensitivity to the world of energy, and are pioneers of the new psychology and spirituality.

#### **Location**

##### **Indigo Training and Retreat Center - Caribbean**

On the island of Providenciales in the Turks and Caicos Islands in the Caribbean, the center is directly on the beach in a beautifully pure and natural location. The center is conducive to the states of deep relaxation and meditation most important for inner work and higher consciousness.



#### **Accommodations**

Mixed accommodations are available including directly at the center in apartments and tents, and nearby at local hotels and resort facilities.

**ESSENCE**  
training

**the new consciousness**

Training for Indigo Adults

# The Indigo Leadership Training

Empower your Purpose  
Enlighten your Life

A Leadership, Coaching and Self-Empowerment program to support Indigos



with Kabir Jaffe and Ritama Davidson

# The Indigo Leadership Training

## Meeting The Indigo Challenge

### We are challenged:

- To fully be the person we know we can be
- To 'hold vision' and 'uplift consciousness'
- To live in a world that carries many limits
- To create the world we know that can be
- To directly face the fundamental challenge that confronts us today: the limitations of our own consciousness - small-mindedness, misguided values, ego-centricity - and shift the outer effects of this consciousness - global warming, mis-use of resources, poor leadership, inefficient education and so much more

**The Indigo Leadership Program directly faces these challenges.**

### It helps you:

- **Wake up to the new consciousness that you already contain within you**
- **Understand your purpose here on earth and embody it in your life**
- **Make your contribution to creating a world we're proud to live in**



The Indigo Leadership Program offers an understanding of the emerging new consciousness and how to support it in others. It equips you with a set of leadership, communication, coaching and empowerment skills that you can use personally and professionally.

### These skills include:

- Working with Indigos - coaching and leadership skills to help Indigos understand their nature and take their next steps towards living it
- Expanding consciousness through your interactions with others
- Communication skills that open hearts, expand minds and touch spirits
- Leadership skills for groups – work, family and friends

